

# SMART COMMUTE DAY 2007



## Why should I participate in Smart Commute Day?

1. **Everybody is smart commuting!** Across the country people are celebrating National Bike Month by smart commuting on May 18th.
2. **Win a free lunch** for you and your colleagues by having the most smart commuters in the Corporate Challenge.
3. **Improve your health!**
4. **Save money!**
5. **Protect the environment!**

## What is Smart Commute Day?

The goal of Smart Commute Day is to encourage you and others to consider alternative ways to travel.

**Register today!**

[www.fitnesscouncil.org](http://www.fitnesscouncil.org)

During your morning commute on

# May 18th



Thanks to our sponsors!



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ACTIVE LIVING  
BY DESIGN

Increasing physical activity through  
community design

Jackson Transportation Authority  
Jackson Parks & Recreation Dept.  
Step One Soccer Too

